

Caledonian Times



Newsletter of the Bournemouth Caledonian Society
"Ceud Mile Failte"

MARCH 2023 No 255

bournemouthcaledonian.com

March began with us having more **EXCELLENT EXERCISES** from **NICOLA** to keep us fit.



We started off by marching round the room to warm up and then followed Nicola's instructions bending and stretching etc. All ages can do these exercises, and some are done sitting down.
I am sure they are good for you ...even though I found some aches and pains I never knew I had... 😊



The **WEATHER** turned cold as March progressed, and we had some **SNOW**...not very much, but it was just in time to greet **Irene** as she came back from a summer in New Zealand.



Welcome back Irene to a chilly UK.



Great view of **Stirling Castle** with the snow-covered **Ochil Hills** behind. If you drink **Highland Spring** water in bottles at any time this is where that water comes from.

On **23rd March**... Irene ran a quiz morning with Phil, on music from the 70/80s.



MARION led a crafts morning in the Hall on **March 16th** She has a real talent for doing this.

A very pleasant **HERITAGE** afternoon was held at **James and Wendy's** on **25th** One of the subjects covered was the **Stone of Destiny**. The stone that will be used in the Coronation Chair of our next King in May this year. Both Irene and Fiona had chosen this subject to speak about so we learnt a lot of its long history. 'Stolen' in 1950 by Scots... two of our members were amazed when their car was stopped and searched by Police as they drove up to Edinburgh that year... ..Peter & Jan Campbell



A WORD from the PRESIDENT

A Tale of Three President's Nights in Three Different Halls!

My Father, Peter Campbell celebrated his President's Night in the Society's very first Scottish Hall in **1969**.

The Hall burned down just ten years later, so my mother, Jan Campbell, observed her President's Night in St Luke's Hall, Winton in **1980**.

I am delighted to commemorate my President's Night in the current Scottish Hall that we all know. Only a few Society members are unable to make the event for various reasons.

You will be joined by a number of guests and many members of my family.

I look forward to welcoming you all on this very special occasion.

The entertainment starts **BEFORE** the commencement time of 7.15pm so please get to the Hall by 7pm so you don't miss out.

Thank you. Best Wishes

Iain

The Genetic Diversity of the Scots!



The March equinox was **MARCH 20th**
So Spring is here.!



The final two matches left for **Scotland** to play in the **Guinness 6 Nations Rugby** Tournament were Ireland and Italy. We **beat** England and Wales, but **lost** to France and Ireland...then right at the end we **beat** Italy..>
Ireland was the overall winner



Great photo taken this month in the Highlands of Scotland of the constellation **ORION**. *Named after a Greek god ...seen here striding across the sky.* Two of the brightest stars we see in the sky are in this group. I am sure it is one we all recognize. When I was little my Dad would point it out to me, starting with the three stars of Orion's belt.



President's Night...Thursday 27th APRIL

Note from Iain

A full evening of entertainment starts promptly at **7.15pm** and NOT 7.45pm as shown on your Programmes. Latecomers will not be allowed into the main Hall until an appropriate time. So don't risk missing the fun!

Over 60 people are coming to this event so the road will be very busy. Please leave plenty of time to get to the Hall and park. St Andrews Church Hall Car Park which is 3 minutes walk from the Scottish Hall is on Nortoft road and is available. Since we are the only ones using the facility blocking other cars is fine on this occasion.

Supper is included and no food contributions are needed.

Because of the large numbers attending, seating will be allocated and you will see your seat on the Table Plan in the Hall on the night.

It is expected that the event will not finish until after 10pm.



Maisie our VP
Alex our Teacher
& Phil on music



The Monday Night DANCE CLASS

Every week **IAIN** leads a **ZOOM Quiz and a chat** for any Caledonians who want to join in. This time we met on Friday **17th** St Patricks Day, and he asked us each to say what place we had visited in the past that had made a big impression on us. *What would you have said?*

Wendy said Dover Castle, vital to us during the war.

James... Tower Bridge and all the mechanics that go with it.

John... Brighton Pavilion with all its' past history,

Pam... staying in a Swiss chalet in Switzerland.

Irene... chose Buckingham Palace...

Joan... 'Gordon's Calvary' in Jerusalem,

Fiona... Inveraray Castle and

Iain... Edinburgh Castle.

It all adds up to an interesting hour spent with friends

If **you** ever feel like joining the Quiz or the Dance Class just give Iain or Maisie a call. You don't have to be in it each week. All are welcome to both.



A Quiz to keep our brains working



Then a chat to give us a smile



<<< TWO 'BLASTS' from the PAST... >>>



Picture 1...far left... of some of those who came on a walk I organized at Tyneham in **2017**

(Also with us were Jean Osborne, Ron Perry, Charlie Robertson & Paul Woods ...who took the photo)

And picture 2...

The day some of us Caledonians dropped in to see the Duke of Argyll at Inverary Castle in **2012** (On the way to the Edinburgh Tattoo by coach)



What I noticed on seeing these pics above was that I was always carrying a camera. **Then**, film had to be developed etc, etc and you waited, then had to go and collect the pics... **Mobile phones**, nowadays, are so marvellous at taking pictures that you take the picture and see them at once.

Absolutely brilliant!

Best thing invented this era I think.

Programme for APRIL

PLEASE NOTE CHANGES

Thus 6th CLOSED for Easter

Thus 13th Nicola with exercises ... 10.30

Thus 20th Martin with Music quiz 10.30

Thus 27th Presidents Night... **7.00 pm**

PS Please read full note above from Iain